

**HAILSHAM HOUSE NURSING HOME
PRE-ADMISSION ASSESSMENT NOTES
RESIDENT: Mr Example**

COMPLETED BY: Admissions Co-ordinator

BACKGROUND:

Mr Example (d.o.b.1/11/1941) has become increasingly confused. He wanders and has poor coordination. He now requires 24 hour care.

SOCIAL HISTORY:

Mr Example who is a retired engineer lives with his wife. They have two daughters. A daily carer has been visiting daily to assist Mr Example with personal hygiene.

PAST MEDICAL HISTORY:

- Vascular dementia
- Transient ischaemic attacks
- Anaemia

PROPOSED CARE PLAN:

Activity Of Daily Living	Current Situation (Now)	Objective	Proposed Care Plan (Prescription)
Body Temperature	Unable to independently maintain his body temperature. Has poor insight due to dementia	To maintain a stable body temperature	To provide a warm, well ventilated environment.
Breathing	Non-smoker. No respiratory conditions/problems	To maintain health	Monitor any changes and report to GP if any problem
Communication	Sight: wears glasses, will need prompting to wear them. Unable to clean glasses himself. Hearing: has an aid but does not wear as problematic. Fair hearing without aid. Speech: speaks when spoken to, quietly spoken. Content is muddled and confused. Mr Example is unable to express himself. Teeth: own teeth, will need prompting with oral hygiene	To maintain effective communication	Spend time chatting to Mr Example and give reassurance when he appears confused. Encourage him to mix with other clients and develop new relationships.
Dying	Not discussed at pre-admission assessment		

Activity Of Daily Living	Current Situation (Now)	Objective	Proposed Care Plan (Prescription)
Elimination	Mr Example is doubly incontinent. He does not recognise/understand the use of the toilet. He wears pads and pants and needs full assistance with these.	To ensure correct use of pads. To avoid constipation.	Encourage fluids ++ and ensure all aperients given to avoid constipation.
Hygiene	Mr Example requires assistance from one carer to attend to his personal hygiene/dressing needs.	To maintain high standard of hygiene.	Assist Mr Example with daily morning shower and assist with dressing. Assist with wet or dry shave.
Medication	Mr Example will require us to administer his medication because of his poor memory.	To maintain usual medication regime.	Administer all medications as prescribed by Mr Example's GP
Mental Well Being	Mr Example is very confused and muddled. He has short term memory loss. He wanders and will not sit for long periods of time. No episodes of verbal or physical aggression.	To maintain stable level of mental wellbeing.	Observe for signs of confusion and check for constipation. Encourage him to join in activities to avoid boredom.
Mobility	Mr Example walks with a shuffle and uses one stick. He is quite unsteady and his mobilising has begun to reduce. He has had recurrent falls due to his unsteadiness.	To maintain mobility.	Ensure safe environment so that Mr Example can mobilise as much as possible.
Nutrition	Mr Example has no special dietary requirements. He enjoys food but has recently had a loss of appetite. Wife has expressed wish for him to eat his meals within the main dining room.	To maintain health.	Encourage Mr Example to come into the dining room for meals. Provide assistance and encouragement to ensure adequate dietary intake. Offer choice and ensure adequate fluids.
Pressure Care	Mr Example has no skin integrity problems.	To maintain skin integrity and prevent pressure injuries.	Encourage mobility to avoid long periods of inactivity
Safe Environment	Has no insight into maintaining a safe environment	To maintain Mrs Example's safety	Ensure that he is safe when sitting in chair. Provide supervision when Mr Example goes into garden, to avoid falls.

Activity Of Daily Living	Current Situation (Now)	Objective	Proposed Care Plan (Prescription)
Sleeping	Mr Example does not sleep well. Nights are the worst time for his wandering when his confusion increases.	To continue a usual sleep pattern.	Reassure Mr Example when he is confused and wakeful at night. Invite him into the lounge and socialise when he has difficulty sleeping.
Social Interaction	Mr Example enjoys socialising with family and friends.	To encourage social interaction.	Encourage Mr Example to socialise with other residents.

We agree that Mr Example needs 24 hour nursing care and we can confirm that we would be happy to have him as a resident at Hailsham House Nursing Home