

Dr M Isaac MBBCH, MRCPsych, PGCert in Medical Education

Psychiatric Consultant to Hailsham House

Dr Isaac completed his postgraduate psychiatric training at Guy's scheme. He trained in Adult Psychiatry, Old Age Psychiatry, Liaison, Substance Misuse, Community Psychiatry and Forensic Psychiatry. His Specialist Training in Old Age and General Adult Psychiatry was through South London and the Maudsley NHS, Guy's Scheme, which he completed in 2006.

He adopts a person centred and holistic approach with values of respect ensuring privacy and dignity of his patients. He works with patients their carers and other professionals to deliver the best care for patients to enable them to achive better quality of life using biological, psychological and social interventions in a bio-psycho-social model of care.

Dr Isaac holds an academic appointment as an Honorary Clinical Senior Lecturer in Brighton and Sussex Medical School (BSMS). He has taught in modules organised by the postgraduate institute and in local academic programmes.

He has published papers on prevention of suicide at Beachy Head, The anticipated influx of East European psychiatrists and a Cochrane reviews on Vitamin E for Alzheimer's disease and mild cognitive impairment; Aspirin, steroidal and non-steroidal anti-inflammatory drugs for Alzheimer's disease and few papers on biological marker, antioxidants and Cytokines in Alzhiemer's disease . He is involved in an active research programme.

Dr Isaac has special interest in Adult and Old Age mood disorder, Alcohol and drug addiction and alcohol acquired brain injuries , Anxiety disorder and Psychosis and Perinatal Psychiatry. He is also interested in suicide prevention, cognitive impairment and dementia management and research. He is an active member of the suicide management group in East Sussex.

Dr Isaac is a Consultant in Old Age Psychiatry at Sussex Partnership Foundation Trust and has had a long experience in General Adult and Old Age Psychiatry.

12th May 2014