

HAILSHAM HOUSE ACTIVITIES PROGRAMME

**Beech unit
Week beginning 4.12.2017**

MONDAY

AM **Reminiscing**
 Bingo-group activity

PM **One-to-one social interaction**
 Art/Craft

TUESDAY

AM **Motivation**
 Group activity-Ladder the Moon

PM **Games/skittles, ball, mini basketball**

WEDNESDAY

AM **Bingo: Group activity**
 Hand massage/manicure

PM **Art\craft**

THURSDAY

AM **Food decoration**
 Quiz

PM **Music session-guitar music**
 One-to-one social interaction

FRIDAY

AM **Mental stimulation activity**
 Bingo group activity

PM **Music session-piano music**
 Hand massage/manicure

**Residents may be taken for a walk at any time.
This programme is flexible and it can be changed at any time to meet
the client's preferences.**

HOLLY ACTIVITY PROGRAMME

Week Beginning 04/12/17

- Monday** **A.M.** Word Games/Board Games
 Bingo in Beech Unit 11.30-12.00
P.M. Movie – ‘Christmas Cookies’
- Tuesday** **A.M.** Music & Motivation in Willow Unit
P.M. Ball Games/Puzzles
- Wednesday** **A.M.** 11am. Pet Pals in Beech Unit
P.M. Sue (pianist) in Holly Unit 2-3pm
- Thursday** **A.M.** General Knowledge Quiz
P.M. Holly Christmas Party
- Friday** **A.M.** Tasty Christmas Treats
P.M. Movie/One-to-One Interaction

Residents may be taken for a walk at any time

**This programme is subject to change to meet the needs of
the residents**

HAILSHAM HOUSE ACTIVITIES ON OFFER FOR ORCHARD UNIT WEEK BEGINNING 4th OF DECEMBER

MONDAY

AM Morning with Christmas songs, Newspapers and magazines

PM Afternoon with Sir David Attenborough, 1:1 time- reading and nail care

TUESDAY

AM Little art morning with pub music, news from the world

PM Comedy time! Afternoon, 1:1 time- stimulating music and sensory items

WEDNESDAY

AM Pub quiz morning with vintage music, newspapers and magazines

PM Pick a movie, 1:1 time with whales' songs and rainforest sounds, followed by hand massage

THURSDAY

AM Art and craft morning, music for relaxation

PM Afternoon with action movies, 1:1 time- Christmas Carol reading session

FRIDAY

AM Music and movement motivation, news from the world.

PM Live music played by Sue, 1:1 time- sensory item session with relaxing music

Residents may be taken for a walk at any time, depending on weather conditions

Activities may be changed during the day, depending on resident's mood, wishes and preferences.

Other Choices may be Target Games, Scrabble, Cards, Puzzles and Board Games

WILLOW UNIT WEEKLY PROGRAMME

4 DEC 2017

Monday

- AM puzzles/games/crossword
PM Hand massages afternoon film

Tuesday

- AM **Music and Motivation with Joy**
PM one to one in rooms

Wednesday

- AM** paper chain making
PM Live music from Su on keyboard and accordion

THURSDAY

- AM Art session
PM Live music from Dara (Orchard Unit)

Friday

- AM Christmas baking/gingerbread decorating
PM Christmas quiz

The weekly plan may be changed at short notice due to resident's preferences. Residents may be taken for a walk in the gardens at any time. Board games,