

**HAILSHAM HOUSE ACTIVITIES PROGRAMME**

**Beech unit  
Week beginning - 29.01.2018**

**MONDAY**

**AM** Reading  
Bingo-group activity  
**PM** Music for Health-dance & movement  
One-to one social interaction

**TUESDAY**

**AM** Reminiscing  
Motivation  
**PM** Board games  
Music film

**WEDNESDAY**

**AM** Reading  
Bingo-group activity  
**PM** Ladder to the Moon  
Target games

**THURSDAY**

**AM** Food decoration  
Quiz  
**PM** Art/craft  
Guitar music

**FRIDAY**

**AM** Mental stimulation activity  
Bingo-group activity  
**PM** Hand massage-manicure  
Music- piano

**Residents may be taken for a walk at any time.  
This programme is flexible and it can be changed at any time to meet  
the client's preferences.**

## **HOLLY ACTIVITY PROGRAMME**

Week Beginning 29/01/18

|                  |             |                                                              |
|------------------|-------------|--------------------------------------------------------------|
| <b>Monday</b>    | <b>A.M.</b> | Movie Star Picture Quiz 2<br>Bingo in Beech Unit 11.30-12.00 |
|                  | <b>P.M.</b> | Hand Massage/Nail Painting                                   |
| <b>Tuesday</b>   | <b>A.M.</b> | Music & Motivation in Holly Unit                             |
|                  | <b>P.M.</b> | Board Games/Puzzles                                          |
| <b>Wednesday</b> | <b>A.M.</b> | General Knowledge Quiz                                       |
|                  | <b>P.M.</b> | Sue (pianist) in Holly Unit 2-3pm                            |
| <b>Thursday</b>  | <b>A.M.</b> | Word Games-Proverbs/Famous Pairs                             |
|                  | <b>P.M.</b> | Music Session with Darragh 2-3pm                             |
| <b>Friday</b>    | <b>A.M.</b> | Ball Games/Skittles                                          |
|                  | <b>P.M.</b> | Movie/One-to-One Interaction                                 |

*Residents may be taken for a walk at any time*

**This programme is subject to change to meet the needs of  
the residents**

# HAILSHAM HOUSE ACTIVITIES ON OFFER FOR ORCHARD UNIT WEEK BEGINNING 29th OF JANUARY

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## MONDAY

AM Movie morning- "Exodus-God and Kings", news from the world and  
Word searching

PM Little Art with relaxing music, 1:1 time- nails care and reading session

## TUESDAY

AM Newspapers and magazines, stimulating board games

PM Afternoon with Braveheart, 1:1 time- sensory items session with relaxing music

## WEDNESDAY

AM Music motivation and sing along session

PM Sir David Attenborough present- The Abyss, 1:1 time with newspapers and  
magazines

## THURSDAY

AM Valentine craft with love songs, crosswords and newspapers

PM Afternoon with Twilight saga, 1:1 time- sensory item session with rainforest music

## FRIDAY

AM Pub songs and quiz, Welcome to the Troy- movie time

PM Live music played by Sue, 1:1 time- reading session followed by hand massage

*Residents may be taken for a walk at any time, depending on weather conditions*

*Activities may be changed during the day, depending on resident's mood, wishes and preferences.*

*Other Choices may be Target Games, Scrabble, Cards, Puzzles and Board Games*

# WILLOW UNIT WEEKLY PROGRAMME

29th Jan 2018

## Monday

AM Art session  
PM Monday quiz

## Tuesday

AM **Music and moto vision with joy**  
PM baking cup cakes

## Wednesday

AM **painting/drawing**  
PM **Live music from Su on keyboard and  
Accordion**

## THURSDAY

AM painting  
PM sewing making bows

## Friday

AM back to when!!!! Remembering years back  
PM sing a long/movies

The weekly plan may be changed at short notice due to resident's preferences. Residents may be taken for a walk in the gardens at any time. Board games, puzzles and target games are available to residents throughout the day. Newspapers, books, rummage boxes and magazines are left on table tops.